

COMMUNITY ACTION RESPONSE



BE KIND, CONSIDERATE AND THINK OF OTHERS

We're all in this together - shop thoughtfully and think of other people when you need to be out and about. Spread a little joy and kindness as you go, even a smile can brighten someone's day.



CONNECT AND REACH OUT TO YOUR COMMUNITY

Feeling connected is critical for our health and wellbeing so join an online group, share phone numbers and stay in touch. Be a positive part of your community conversations.



SUPPORT EACH OTHER AND BE NEIGHBOURLY

Look out for those around you - social isolation and loneliness are key concerns for all ages and anyone can become vulnerable. Sometimes it's the simple things that really make a difference.



SHARE RESOURCES, ADVICE AND ACCURATE INFORMATION

Share what you can - a spare loo roll, a listening ear, supplies to the foodbank or charitable donations - it all helps! Signpost people to accurate advice and information to help keep your community safe.

Produced in association with Community Action Response partner organisations to encourage and support community action

